**Self-awareness Test:**

Researchers from Harvard (and some other great universities) have created a multitude of tests, 12-15 short tests to examine your bias toward: Race, skin tone, age, religion, gender, etc... At a minimum, take the “Race IAT” test: https://implicit.harvard.edu/implicit/takeatest.html

**Podcasts/YouTube:**

On Purpose with Jay Shetty – Episode 142.5 Lessons from Malcom X on the Power of Media, Racial Injustice and Unitig Together for Humanity

OWN Spotlight - Where Do We Go From Here: A Conversation Led by Oprah
https://www.youtube.com/watch?v=DanaErERpx0  part 1
https://www.youtube.com/watch?v=nDWzK_mXX4w  part 2

A Pain-filled, Polarized America: Reflections, Recommendations on Racism in U.S., Erie featuring Dr. Parris Baker, Jefferson Educational Society  https://www.youtube.com/watch?v=Y6djFSjEo5k

From 1619 Virginia to 16503 Erie: A Constitutional Path to Black Lives Matter, featuring Dr. Parris Baker Jefferson Educational Society https://www.youtube.com/watch?v=8KhM4FR3J00

Michelle Obama Podcast Episode 2: Protests & Pandemic w/ Michele Norris- Dealing Low-Grade Depression https://www.youtube.com/watch?v=5Ja9UDd9HX8&t=94s


Holy Post - Race in America by Phil Vischer https://youtu.be/AGUwcs9qJXY
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RESOURCES

- **Books:**

  - Stamped from the Beginning - *Ibram X. Kendi*
  - The Half Has Never Been Told: Slavery and the Making of American Capitalism - *Edward E. Baptist*
  - Waking Up White and Finding Myself in the Story of Race - *Debby Irving* (this author spoke in Erie last summer)
  - White Rage: The Unspoken Truth of our Racial Divide – *Carol Anderson*
  - Lies My Teacher Told Me: Everything Your American History Textbook Got Wrong – *James Loewen*
  - White Fragility: Why It’s so Hard for White People to Talk About Racism – *Robin DiAngelo*
  - The Warmth of Other Suns – *Isabel Wilkerson*
  - Nickel And Dimed – *Barbara Ehrenreich*
  - Ghettoside: A True Story of Murder in America – *Jill Loey*
  - Gerrymandering in America – *Anthony McGann*
  - What's the Matter with White People? – *Joan Walsh*
  - The Half Has Never Been Told – *Edward Baptiste*
  - America’s Original Sin – *Jim Wallis*
  - Bridges Out of Poverty - *by Ruby K. Payne, PhD, Philip E DeVol, Terie Dreussi Smith*
  - The New Jim Crow: Mass Incarceration in the Age of Colorblindness - *by Michelle Alexander*
  - Bury My Heart at Wounded Knee - *Dee Brown*
  - There There - *Tommy Orange*
  - Caste (Oprah's Book Club): The Origins of Our Discontents - *Isabel Wilkerson*
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RESOURCES

Websites:

The City of Erie - Activating Our Vision, A Path to Success

Erie School District: Diversity, Equity & Inclusion
https://www.eriesd.org/domain/2491

Erie School District: Eagles Nest School
https://www.eriesd.org/eaglesnestschool

Positive Behavioral Interventions & Supports
https://www.pbis.org/

21-Day Challenge Toolkit

Articles:

CNNArticle: Your big questions about race, answered

TIME: People With Privilege Choose Every Day: Dismantle Racial Bias, or Participate In It
https://time.com/5857561/dismantle-racial-bias/

TIME: Sherrilyn Ifill Says This Is the Time for 'Transformative' Change in America.
https://time.com/5857188/sherrilyn-ifill-time100-talks-police-reform/

SPLC Southern Poverty Law Center: Teaching Tolerance
https://www.splcenter.org/teaching-tolerance

ExhangeEveryDay: Reflecting on Anti-Bias Education

Documentary/Shows:

Netflix: Inequality for All - Robert Reich